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**Lorraine Stephens Speaks at Enloe High School's Medical Bio-Science Academy**

*Raleigh Speaker Addresses Benefits of Toastmasters Public Speaking for Rising Professionals*

**Raleigh, NC:** Lorraine Stephens, president of Lorraine Speaks, recently presented to the 12<sup>th</sup> grade students of the Medical Bio-Science Academy at Enloe High School in Raleigh. The Medical Bio-Science Academy is a specialized curriculum that nurtures student interest in health-related careers and advises them of career options in the medical field.

Stephens spoke to the Medical Bio-Science Academy students on the importance of developing and delivering an informative and dynamic presentation, focusing on the elements of a powerful presentation. By the end of the session, the students had each prepared a short presentation they could deliver to a selected audience.

During the presentation, Stephens promoted the Toastmasters Youth Leadership Program as a means to help younger members of society begin learning effective leadership and communication skills. The program helps young people develop their professionalism through effective public speaking by acquiring speaking, listening, thinking and evaluating skills.

“As a public speaker, it is a pleasure to encourage the youth of today to acquire the knowledge and skills of effective public speaking. These skills can be used throughout life, both personally and professionally, whether speaking to one person or many,” explained Stephens.

To learn more about Lorraine Stephens or this presentation, send an email to [lorraine@lorrainespeaks.com](mailto:lorraine@lorrainespeaks.com). To learn more about the Toastmaster Youth Leadership Program visit [www.toastmasters.org](http://www.toastmasters.org).

**About the Enloe Medical Bio-Science Academy:**

The Enloe Medical Bio-Science Academy provides students with sound academic foundations and technical skills that will enable them to continue their educations beyond high school and obtain employment in health-care fields. The total curriculum is designed to nurture student interest in health-related careers and to better advise them of career options in the medical field. For more information about this program, please visit <http://enloehs.wcpss.net/programs/medacademy/>.

**About Lorraine Stephens:**

Lorraine Stephens is an NSA speaker, author, consultant and trainer with experience in technical support, management, marketing and course development. In addition to presenting workshops that focus on technology, Lorraine also speaks on overcoming obstacles and finding the “sweet-spot” of life. She blends empathy, humor, and information in a manner that moves and motivates her audiences. For more information about Lorraine or to book a seminar, please visit [www.lorrainespeaks.com](http://www.lorrainespeaks.com).

**Related links:**

[www.lorrainespeaks.com](http://www.lorrainespeaks.com)

[www.toastmasters.org](http://www.toastmasters.org)

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